

## Trader framework and checklist

Trade Idea Name

The idea	Date		
	Security		
	Long, short, other		
	Idea source	Elevator pitch	
		Events or news	
		Deviation from fair value	
		Pattern recognition / indicators	
Filters	Tailwind or headwind and why?	Narrative cycle	
		Positioning and sentiment	
		Events and catalysts	
		Correlated markets	
		Technicals	
	Alternative hypothesis	What might go wrong? Pre-mortem	

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Tactics	Trade structure	Best asset, market, structure? Microstructure considerations Entry Stop loss Take profit		
	Other reassessment triggers			]
Risk management	Conviction level	TYPE I, II, or III		
	Free Capital % of free capital			Stick to the original plan
	\$ at risk			
	Solve for position size			
	Any issues with liquidity or capacity?			
Execution	Execution notes (limit, market, etc.)			
	Automate or outsource stop loss			
	Enter trade in journal			
Psychology	What emotions are involved here? Do I feel anything unusual? List emotions or possible pitfalls.			
Performance Analysis	Post-mortem			
	Lessons			
	What is working and what is not?			